**INTRODUCTION**

The research investigates the importance of breakfast among UMP students. In this chapter, the findings from survey question will be analyzed and discussed. Besides that, the implications of the findings will also be determined.

**FINDING**

4.2.2

Figure 4.2 **Barriers of UMP Students From Having Breakfast.**

The graph (See Figure 4.2) illustrates the barriers in having breakfast in the Universiti Malaysia Pahang. According to the graph, 60% of the student don’t have any obstacles that preventing them from having breakfast. This reason is the highest rating compared to the other reason, whereas the reason of not enough money and have difficulties to get food shared the same level as they are the lowest rating reason. . 33 students of Universiti Malaysia Pahang doesn’t have any difficulties of having breakfast. Meanwhile the reason of not enough time were chosen by 22 students. As for the reason of not enough money and having difficulties to get food shared the same rating that is 0. It can be concluded that more than half students in Universiti Malaysia Pahang having breakfast before go to class. It’s also means that, in Universiti Malaysia Pahang, there are many cafeteria as there is no students having difficulties to get food.