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| --- | --- | --- | --- | --- |
| **No.** | **Action** | **Search terms/keywords** | **Web address** | **Yes/No** |
| 1 | AltaVista | Importance of breakfast | Cole Carson, (2008), Breakfast really is the most important meal of the day, http://www.alumbo.com/article/41181-The-Importance-of-Eating-Breakfast.html |  |
| 2 | ScinceDirect | Importance of breakfast | Cara S. DeJong, Frank J. van Lenthe, Klazine van der Horst and Anke Oenema, (2009), Environmental and cognitive correlates of adolescent breakfast consumption. |  |
| 3 | Google | Importance of breakfast | Nancy Schmieder http://www.beyondthebend.com/health/breakfast.htm |  |
| 4 | AltaVista | Importance of breakfast | http://www.buzzle.com/articles/importance-of-breakfast-for-students.html |  |

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|  | Cole Carson | Cara S. DeJong and etc. | Nancy Schmieder | buzzle.com |
| Importance of breakfast |  |  |  |  |
| Importance of type of food as breakfast | X |  |  |  |
| Reason why people skip their breakfast |  | X |  | X |